

# Emergency Household Plan Template



# Emergency Household Plan Template

## Who is the plan for?

Many of us only keep important numbers in our phones, jotting them down here may help if your phone runs out of battery. This may also be useful for the Emergency Services should your household be separated.

Names	Contact Details

## Additional Information about the household

Will anyone in your household need assistance to evacuate, or while stuck at home during an emergency? Does anyone rely on mobility or medical devices or other special equipment? Does anyone rely on prescription medicine? Write down the things you may need and where they are kept:

## Supplies Checklist

The items below will help you during an emergency. You may choose to keep them in a grab bag, or stored as part of your everyday items. It is important however that everyone in your household is aware of how they can be accessed quickly.

Food and Drink

- [Water](#) – enough for every person in your household for 3 days.
- Food - Non-perishable food (canned or dried)- enough food for 3 days
- Baby food and supplies
- Pet food and supplies
- Barbecue/camping stove and suitable fuel

Health

- Medicine and prescription
- Toiletries
- First aid kit
- Blankets/ sleeping bags
- Spare glasses or contact lenses;
- wet wipes, hand sanitizer and antibacterial disinfectant

Light & Communication

- Emergency lighting e.g., torches
- A battery-powered or wind-up radio
- Spare batteries/ portable charger
- A mobile phone charger

Other

- Pencil, paper, a penknife and a whistle;
- Spare keys to your home and car;
- Copies of important documents
- Small amount of cash in low value denominations
- Spare warm clothes

Make detailed notes on where these items are stored:

Location of fuse box and power, gas and water mains valves and how to turn these off:

**If we can't get home**

Our meeting place

Where will you meet if you can't contact each other and are separated when an emergency occurs? How will you get there? Add an address and instructions below:

**If we have to leave in a hurry**

Where will we go? Do we have emergency grab bags? Is the car prepared? Where will we go?

**Important numbers**

Emergency Services	999 or Non-Emergency Line: 101
NHS24	111
Loss of Power	105
Scottish Water	0800 077 8778
Floodline Scotland	0345 988 1188
Gas Emergencies	0800 111 999

**Your Important Numbers** e.g. childcare, insurance, doctors, vets