

The team has an open referral system where referrals will be accepted from individuals, carers, family members, GPs and other involved parties. Referrals can only be accepted providing the adult concerned has a Learning Disability.

For more information about what is a Learning Disability or to make a referral please contact the team at the address below.

Contact Details:

South Aberdeenshire CLDT,
Portlethen Social Work Office,
Rowanbank Road,
Portlethen,
Aberdeen, AB12 4NX
Tel: **01569 690532**



Aberdeenshire
Health & Social Care
Partnership

Community Learning Disability Service South Aberdeenshire



Aberdeenshire
COUNCIL



NHS
Grampian

The Community Learning Disability Service is a team of health and social care staff who support adults with a learning disability, their families and carers.

We work together to provide the best service for each individual which might include providing advice, support and education to individuals, their carers and relatives. We also have a responsibility to investigate Adult Support and Protection concerns for adults with learning disabilities.

Who is in the team?

Clinical Psychologists

- Promote psychological wellbeing and reduce psychological distress.
- Assess person`s emotions, understanding, thinking, remembering and behaviour.
- Identify areas where a person has difficulty coping.
- Provide help and advice to the person and their carers to manage these difficulties.

Psychiatrists

- Assess and treat people with learning disabilities if they also have a mental illness.

Dietitians

- Assess food & fluids eaten.
- Provide advice & education on eating well.
- Provide support for eating & swallowing problems and low weight.

Nurses

- Promote physical and mental health and wellbeing.
- Assess, plan and coordinate health care.
- Advise, educate and support others about health needs.

Occupational Therapists

- Assess, advise and support people to participate in all daily activities in different environmental settings.

Physiotherapists

- Assess and advise on 24 hr postural support, mobility issues, and also promote physical activity.
- Advise on equipment such as wheelchairs, sleep systems, specialist footwear and splints.

Speech & Language Therapists

- Assess person`s understanding.
- Identify how and what person is communicating.
- Assess swallowing disorders and advise on reducing harmful effects of these.

Social Workers

- Assess, monitor and review support needs of person.
- Advise which services are available to best meet those needs; this can include personal care, accommodation, domestic tasks, skill development, day services, training/work opportunities, respite, shopping, budgeting and social activities.